

JUNE 16, 2010

# ANNOUNCEMENTS

Upcoming  
MEETS:

**Mason City**  
June 25 - 27

**Vinton**  
June 26 - 27

*Always Call the  
DMSF Hotline  
DAILY for practice  
schedule updates  
515- 830-1379*

## Coaches Corner

I would like to congratulate all those athletes who participated in the CRAA Long Course Kick-off and ACAC/DMSF Rock the Blocks Jam. We had several best times and considering the problems we have had with practices, we are well ahead of where we were last season. A big congrats to those who were participating in their first swim meets.

We have three meets left this month. The first is in Columbia, MO at the University of Missouri. We have 5 girls participating in this meet this year and hope to make this a team meet for the senior level swimmers in years to come. As of right now, the meet has over 650 swimmers registered and includes some of the best teams from the Kansas City and St. Louis regions. The following weekend is the Mason City and Vinton meets. I have entered swimmers in some off events or some events that they may have never tried before so that the athletes get experience swimming everything.

Shawn Deboef has joined our staff as a senior assistant and will be helping coach Jeff and I with the Blue and Gold groups at Birdland. Shawn is currently the head coach for both the boys and girls teams at WDM Valley HS and has a lot of experience working with high school aged swimmers.

Coach Greg



Reminder to all parents that during practice they are not allowed on deck. If there is an issue please wait until after practice to talk with the coaches.

## Summer Schedule

MTWTFs: Gold/Blue AM @ Birdland  
MWF: Gold PM @ Valley  
TU/TH: Gold/Blue PM @Valley

*Evening practices for gold / blue groups are in addition to morning practices not as a substitute for morning practice.*

*Sorry kids you still have to get up early!!!*

MWF: Bronze/Silver evening @ Valley  
SAT: Silver AM practice @ Birdland

TU/TH: Swim Lessons @ Valley

**Special THANK YOU!!!**

On behalf of the coaches and Board, a special thank you goes out to all parents who dedicated their time and effort to volunteer at the ACAC meet.

*Reaching Our Potential at Every Turn*

## Board Update

We would like to thank Shanky Aurora for his dedication and support, serving on the Board of DMSF over the past years. His leadership and guidance in organizing our finances during our bookkeeper transition and spearheading our fund raising efforts are just a few highlights of his commitment to DMSF. Thanks Shanky!!

The position of Treasurer is open to the membership. Raise your hand and get involved! You don't need to have a finance background. The position leads our fund raising efforts with support of the committee. Nominations are open.

Next Board meeting is Thursday, July 8 at the West Des Moines Library @ 6:30 pm.

## Regional Swim Meet

Mark your calendars now for July 24 – 25! DMSF will be hosting the summer Regional meet at Valley. Pam Gillaspey and Roberta Jorgensen are co-chairing as Meet Directors.

We will need to provide timers, announcers, console operators, officials and hospitality. Parents, please be prepared to work throughout the weekend.

The revenue we generate for our swim meets help defray operational cost of the club.

## New USA Swimming Website

Check out the new USA swimming website! Register and create a profile for your swimmer. The tool will track all meets and times for your swimmer. It's your very own performance management portal for your swimmer.

## Blue/Gold Annual Birdland Breakfast

Reminder, the Annual Birdland Breakfast is June 24. A flyer was emailed with all the details. Please join your swimmer if work permits. It's a great team-parent event to show appreciation and support for all those early mornings!

## Apparel

Look for a summer apparel order form for the summer season. Orders will be due June 25. Questions, please contact Pam Gillaspey: [pgillaspey@gmail.com](mailto:pgillaspey@gmail.com). Team suits will be updated in the fall. New swimmers are welcome to order the current team suit through the Splash link on the website.

---

ALWAYS CALL THE  
DMSF HOTLINE FOR  
PRACTICE SCHEDULE  
UPDATES  
515-830-1379